

## Curriculum Vitae (Abridged)

### Current Employment

#### Associate Nutritionist

University of California, Davis  
1999 - present

*Have held various research positions through the Nutrition Department and the Agricultural Research Center, and in collaboration with the Western Human Nutrition Research Center, a research subsidiary of the U.S. Department of Agriculture.*

#### Self-Employed

2004 - present  
*Author, Public Speaker, Freelance Writer, Consultant*

### Previous Employment

#### Professor

City College of San Francisco  
2001 - 2016

*Taught courses in nutrition, weight, health and social justice; conducted research.*

#### Psychotherapist

Various clinics  
1986 -1997  
*Specialized in eating disorders and body image concerns*

### Education

Ph.D.	Physiology, University of California, Davis	2001
M.A.	Exercise Science, San Francisco State University	1998
M.A.	Psychotherapy, Naropa Institute	1987
B.A.	Liberal Arts, Wesleyan University	1985

### Books Published

Health at Every Size: The Surprising Truth about Your Weight	2010
Body Respect: What Conventional Health Books Leave Out, Get Wrong, or Just Plain Fail to Understand about Weight, co-authored by Lucy Aphramor	2014

### Grants, Fellowships and Awards

- National Science Foundation Fellowship Award 1998-2001
- National Institute of Health R01 Research Grant Recipient 2000-2001
- Outstanding Researcher Award for Civil Rights Advocacy, NAAFA 2009

### Financial Disclosure

I have no current or previous financial relationship with any food, diet or pharmaceutical company. This financial situation allows me to be independent of corporate influence and to speak freely. All grants I have received have been publicly funded.