



Lindo Bacon, PhD
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Financial Disclosure/ Conflict of Interest Statement

I am committed to ensuring that my income is aligned with my values¹. The following is provided for transparency.

Independence

My work is independent. I am not a spokesperson or representative for anything more than myself.

Academic Affiliation

I am an Associate Nutritionist at the University of California, Davis, a position I have held since 2001. The position is currently honorary (unpaid). When funded, this position is soft-money. I have no open grants. All past grants have been publicly funded.

Income

I receive compensation from some speaking engagements, writing assignments, and royalties from sales of my books.

I also benefit from my partner's income. My partner shares my commitment to work consistent with our values.

We additionally receive investment income, primarily the result of social justice investing².

Organizational Affiliations

I am a financially supporting member of the following organizations:

- Association for Size Diversity and Health (ASDAH)
- National Association to Advance Fat Acceptance (NAAFA)

Referrals and Promotion

I do not receive financial compensation for referrals or for promoting other individuals, businesses, services or events. I do not participate in affiliate marketing. I may accept free books, gifts, meals and attend sponsored social events (with the exception below). I'm intentional in not allowing these to influence my endorsement.

No Diet Industry Ties

On January 5, 1999, I signed the following pledge which I honor to this day: "I, Linda Bacon, pledge not to accept money, gifts, or hospitality from the pharmaceutical, food, weight loss, and other related private industries; and to avoid conflicts of interest in my practice, teaching, and research."

Health at Every Size affiliation

I do not represent the Health at Every Size (HAES)³ movement in any official capacity. The HAES movement predates my book and involvement and the term "Health at Every Size" was trademarked by the Association for Size Diversity and Health (ASDAH) after publication of my book of that title. I am a supporting member of ASDAH and do not serve the organization in any official capacity. I encourage others to join ASDAH, support the further development and definition of HAES values,

and respect ASDAH's trademark.

I financially and otherwise maintain HAESCommunity.Org, which is free database of **self-identified** HAES-sensitive individuals, services, organizations, and other resources.

Lindo Bacon

¹ I'm privileged to be able to make these choices. I appreciate that I'm in a financial position that allows for this and am committed to undoing the systems of advantage and disadvantage that make it more difficult for others.

² [RISE](#) (Return on Investment & Social Equity).

³ Health at Every Size and HAES are registered trademarks of the [Association for Size Diversity and Health](#), and are used with permission.

