

Linda Bacon, PhD

Author of the iconic and bestselling

Health at Every Size:

The Surprising Truth about Your Weight

and co-author of the paradigm-shifting

Body Respect:

What Conventional Health Books Get Wrong, Leave Out, or Just Fail to Understand about Weight

LA iaedp is thrilled to announce that our 2017 Gala will feature a 3-hour CE workshop (plus booksigning) by the acclaimed Dr. Linda Bacon, on October 14th from 1-5pm. The LA Chapter leadership believes this event will reach a wider audience than any we have had in years. If you have been a regular on the eating disorder conference circuit, you will immediately recognize how special it is to have Dr. Bacon providing this workshop for us – as most people have yet to have an opportunity to see her speak live! We believe Dr. Bacon will be a big draw for this reason and others: We are working to keep the cost of tickets affordable and will offer scholarship tickets to ensure the event is accessible; we will be providing a free copy of Dr. Linda Bacon's Body Respect: What Conventional Health Books Get Wrong, Leave Out, or Just Fail to Understand about Weight and audience members can have the book signed and personalized by Dr. Bacon herself; Dr. Bacon has already announced the LA iaedp event on her social media (and she has a large following!); and we plan to be aggressive with marketing to the non-diet, HAES, and body/fat-acceptance groups. Lastly, for the first time ever, Dr. Bacon will be sharing her own personal experience with an eating disorder and with recovery – this powerful workshop is going to be one not to miss! We invite your organization to be part of this event... and to potentially reach the widest audience of a LA iaedp event yet! Please see the included agreement to learn how we might be able to partner through sponsorship! And thank you for supporting laedp in supporting our ED treatment community!

Linda Bacon, PhD

Dr. Linda Bacon is fostering a global transformation – away from our obsession with body weight and to body respect. Her mission is to provide the critical thought, inspiring vision, and practical strategies needed to empower individuals, organizations, and institutions to respect all bodies and support compassionate self-care. Dr. Bacon holds graduate degrees in physiology, psychology, and exercise metabolism with a specialty in nutrition. A professor and researcher, for almost two decades Dr. Bacon has taught courses in social justice, health, weight and nutrition; she has also conducted federally funded studies on health and weight and published in top scientific journals. In addition to her iconic authorship, Dr. Bacon's advocacy for body respect has generated a large following on social media platforms like Facebook and Twitter, health and nutrition listservs and specialty blogs, and the international lecture circuit. She is committed to centralizing the ways in which power, privilege, and disadvantage complicate our experience of our bodies. Health professionals – as well as people on their own personal journeys to body appreciation – call Dr. Bacon's work "life-changing" and "transformative," providing the tools and confidence for personal change and inspiring others. A compelling speaker, writer, and storyteller, Dr. Bacon delivers a unique blend of academic expertise, clinical experience, and social justice advocacy, all couched in a raw honesty and compassion that touch and inspire. Visit www.LindaBacon.Org for more information, and if you are not familiar with her work, please check out her paradigm-shifting research review here.